

October

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1
2	3 1 st day on the mats Practice until 5pm	4 Practice 2:40-5	5 Practice 2:40-5	6 Practice 2:40-5	7 Practice 2:40-5	8
9	10 Practice 2:40-5 PARENT MTG. @ 7pm in Freshmen Cafeteria	11 Practice 2:40-5	12 Practice 2:40-5	13 Practice 2:40-5	14 Practice 2:40-5	15
16	17 Practice 2:40-4	18 Practice 2:40-3:30	19 Practice 2:40-5	20 NO PRACTICE FALL BREAK	21 NO PRACTICE FALL BREAK	22
23	24 Practice 2:40-5	25 Practice 2:40-5	26 Practice 2:40-5	27 Practice 2:40-5	28 Practice 2:40-5	29
30	31 Practice 2:40-5					

2011

November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 Practice 2:40-3:30	2 Practice 2:40-5	3 Practice 2:40-3:30	4 No School Practice 9-11am	5 Carl Albert Preseason Tourn
6	7 Practice 2:40-5	8 Practice 2:40-5	9 Practice 2:40-5	10 Practice 2:40-5	11 Practice 2:40-5	12 ENJH Preseason 10-12 th graders work, 9 th graders wrestle.
13	14 Practice 2:40-5 Parent Meeting @ 7pm in the WRESTLING OFFICE	15 Practice 2:40-5	16 Practice 2:40-5	17 Practice 2:40-5	18 Practice 2:40-5	19 Midwest City Pre-Season Tournament
20	21 Practice 2:40-5	22 Practice 2:40-5	23 Pre-Turkey Pre- Season Tournament @ Ed. Memorial HS	24 NO PRACTICE HAPPY THANKSGIVING! Run on your own.	25 Practice 9-11am	26 Practice 9-11am
27	28 Practice 2:40-5	29 Practice 2:40-5	30 Practice 2:40-5			

2011

December

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 Practice 2:40-5	2 Practice 2:40-5 JV @ Del City Tournament	3 All wrestlers help work tables at the Edmond Generals Tournament
4 Open Room from 2-3pm	5 Practice 2:40-5	6 Mustang Dual @ Home WI @ 5 JV @ 6 V @7	7 Practice 2:40-5	8 Practice 2:40-5	9 V @ Union Tourn JV – No Practice	10 V @ Union Tourn JV – No Practice
11	12 Practice 2:40-5 Parent Meeting @ 7pm in Freshmen Cafeteria	13 Practice 2:40-5	14 Practice 2:40-5	15 Yukon Dual – @ Yukon HS WI- 5 JV – 6 V - 7	16 V @ Kansas City JV @ Kingfisher	17 V @ Kansas City JV @ Kingfisher
18	19 Practice 2:40-5 Help @ practice with Generals	20 Practice 2:40-5 Help @ practice with Generals	21 NO PRACTICE CHRISTMAS BREAK	22 NO PRACTICE CHRISTMAS BREAK	23 NO PRACTICE CHRISTMAS BREAK	24 NO PRACTICE CHRISTMAS BREAK
25 MERRY CHRISTMAS	26 Practice 9-11am	27 Practice 9-11am	28 Practice 9-11am	29 Practice 9-11am	30 Practice 9-11am	31 Practice 9-11am

2011

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2 Practice 9-11am	3 Practice 9-11am	4 Practice 2:40-5	5 Carl Albert Dual @ Home w/ Jr. High WI - 5 JV - 6 V - 7	6 V @ Geary Tourn JV @ El Reno Tourn	7 V @ Geary Tourn JV @ El Reno Tourn
8 Practice 2-3pm	9 3-DOG NITE @ S.F (V only) Time: TBA	10 Practice 2:40-5 Parent Mtg @ 7pm in Freshmen Cafeteria	11 Practice 2:40-5	12 Norman North Dual @ Home w/ Jr. High WI- 5pm JV- 6pm V- 7pm	13 V @ Sand Springs Tourn JV - No Practice	14 V @ Sand Springs Tourn
15 Practice 2-3pm	16 Practice 2:40-5	17 District Duals @ Del City HS vs. Del City, Lawton Ike, PC North JV and Varsity	18 Practice 2:40-5	19 Putnam City @ Home (Senior Night) WI- 5pm JV- 6pm V- 7pm	20 V @ Yukon Tourn JV - No Practice	21 V @ Yukon Tourn
22	23 V - Practice 2:40-5 JV - @ S.F. vs. memorial and SF. Time - TBA	24 Practice 2:40-5	25 Practice 2:40-5	26 Practice 2:40-5	27 Practice 2:40-5	28
29 Practice 2-3pm	30 Practice 2:40-5	31 Choctaw Dual @ Choctaw HS WI-5pm JV-6pm V-7pm				

2012

February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 Practice 2:40-5	2 Practice 2:40-5	3 Practice 2:40-5	4 Freshmen @ JH State Practice 9-11
5	6 Practice 2:40-5	7 Practice 2:40-5	8 Practice 2:40-5	9 Practice 2:40-5	10 Practice 2:40-5	11 Dual State – Location TBA
12	13 Parent Mtg @ 7pm in Freshmen Cafeteria Practice 2:40-5	14 Practice 2:40-5	15 Practice 2:40-5	16 Practice 2:40-5	17 V @ Regionals Location - TBA	18 V @ Regionals Location - TBA
19	20 Practice 2:40-5	21 Practice 2:40-5	22 Practice 2:40-5	23 Practice 2:40-5	24 V @ State Tourn	25 V @ State Tourn
26	27 Check in equipment. Start making goals for next season.	28	29			

2012